



The Alvord Educational Foundation and
 Alvord USD Wellness Council
 presents the **FOURTH ANNUAL**
Spirit Run
& Health Fair
Saturday, Feb. 3, 2018

Check-in: 7am—15 minutes before events
 5K start time: 9:00 am
 1 Mile Walk/Run Start Time: 9:30 am

FREE Health Fair 7:30-11am
 Vendors contact: terribolton@alvord.k12.ca.us

Please **MAIL** form to the address below
OR REGISTER ONLINE at

<https://register.chronotrack.com/r/35717>

Visit alvordeducationalfoundation.org for more information

This is a
100 Mile Club®
Sanctioned Event.



REGISTRATION FEES:

(Registration fees are non-refundable)

Early Registration includes t-shirt by Jan 18th:

5K: Adult \$25.00 Student (K-12): \$10
 1 MILE Run/Walk: Adult \$15 Student \$10

Late (after Jan 18) or onsite Registration:

Same price as above without t-shirt

Additional Shirts may be available onsite for \$5

Event will begin in the parking lot: Norte Vista High
 by Zack Earp Stadium, 6585 Crest Ave, Riverside, CA
 92505

The event will take place rain or shine!

(In the event of rain, course might be altered due to flooding.)

2018 Spirit Run Entry Form

Select Age Group K-5th 6th-8th 9th-12th Adult

Select Event 5K 1MILE

FIRST NAME

LAST NAME

AGE

SEX

DATE OF BIRTH

MOST CONVENIENT PHONE NUMBER

STREET ADDRESS

CITY

STATE

ZIP CODE

SCHOOL

Mail entry to: AEF
 ATTN: Spirit Run
 C/O 9 KPC Pkwy
 Corona, CA 92879

Make check payable to: **Alvord Educational Foundation**

Amount enclosed: \$

Event T-Shirts: Adult sizes:

S __ M __ L __ XL __ 2XL __

Youth sizes: S __ M __ L __

T-shirts guaranteed available only if registered by January 18th.

WAIVER AND RELEASE FROM LIABILITY (All participants must sign):

In consideration of this entry, I, for myself, my heirs, executors, administrators, and assignees, hereby waive any and all rights and claims for damages against the Alvord Educational Foundation and the Alvord Unified School District Wellness Council, all sponsors, and any individual associated with this event, for any and all injuries sustained by me during this event, including before and after the run/walk. I also understand that none of the above parties are responsible for the loss or damage of personal items or any other aggravation in connection with this event. I acknowledge that I am aware of the inherent risks in participating in an athletic event of this type. I attest and verify that I am physically fit and have trained sufficiently for the competition of this event. Furthermore, I grant full permission to any and all of the foregoing to use my name, my voice, or my picture in any broadcast, telecast, advertising, promotion or other accounts of this event for any purpose whatsoever. **I understand that this entry fee is nonrefundable and non-transferable.**

X _____
 Signature (If under 18 years old, parent/guardian signature is required)

_____ Date